



RELAXED SESSION INFORMATION

Sunday, 11am

This summer holiday, every Sunday at 11am there will be a relaxed performance of our summer show.

The show is called 'Wipeout' (which is the phrase used to describe falling off a surfboard when surfing).

Location

The shows will take place on the left-hand side of the Boat Hall (ground floor) as you enter the space, very close to the entrance.



This is a picture of the Boat Hall.

Who is in the show?

There are 3 performers in 'Wipeout' and you can find pictures of them at the bottom of this document. We have 6 dancers as part of the 'Wipeout' team and there will be 3 of these people performing on different days. They are very friendly and will be happy to talk to you if you would like to ask any questions.

What you will see

'Wipeout' is a show all about surfing!



This is a photo of what the performance area will look like.

The show uses aerial dance and is performed within a large metal frame - see the photograph above so you know what it will look like.

You will see dancers suspended high up in the air, sometimes they will be surfing on boards attached to long ropes which hang down.

There are moments where we imagine we are going under the sea and you will see dancers moving as if they are swimming underwater - there are some fun sea creatures to spot. You will also see a dancer doing funny movements as if she is on the beach trying to learn how to become a surfer, put on a wetsuit, learn to surf and getting 'wiped out' in the waves.



This is a photograph of the dancers using a surfboard.

What you will hear

There are some original pieces of music mixed in with familiar surf songs like 'Surfin' USA' and 'Wipeout' as well as an instrumental version of 'Under the Sea'. There is also a funny old-fashioned voice which is used as a voiceover throughout the performance.

- In Relaxed Sessions on Sundays at 11am we will lower the volume of the music.
- Ear defenders will be available if you would like to borrow a pair to use.

What you will do

When watching the performance, you are welcome to sit on the floor on a cushion, or on a bench, or you can stand a bit further back if you prefer.

At times in the performance the audience will be invited to join in with some actions and movements - lifting your arms in the air like a Mexican wave, or helping bounce a beach ball around, or even learning some surf moves and actions.

- You can choose to join in or just watch if you prefer.
- You are welcome to move around in the performance, make noises and come and go as you need.

We ask that you don't come into the performance area to ensure you are safe, there is a rope to show you where to stay behind.

The dancers are happy to meet audience members before or after the performance if you would like to say Hello or ask any questions.

Here are the faces of the dancers you might meet



Further information

For further access information please visit the Accessibility page on the Museum's website [HERE](#), or contact us directly on:

Email: enquiries@nmmc.co.uk

Tel: + 44 (0) 1326 313388